

LIGHTER SIDE

Menu Items Under 600 Calories

STARTERS

VEGETABLE MINISTRONE SOUP

Assorted Vegetables and White Beans 4⁹⁹ | Calories 230

SHERRY TOMATO SOUP

Sherry Wine, Housemade
Croutons 4⁹⁹ | Calories 280

LUMP CRAB CAKES

Red Pepper Aioli 11⁹⁹ | Calories 530

CAESAR SALAD

Romaine Lettuce, Housemade Croutons,
Caesar Dressing 5⁹⁹ | Calories 370

BIAGGI'S HOUSE SALAD

Mixed Greens, Carrots, Cucumber,
Roasted Red Peppers, Herb-Garlic Balsamic
Dressing 4⁹⁹ | Calories 420

ENTRÉES

BUTTERNUT SQUASH RAVIOLI & SMOKED CHICKEN

Nueske's Applewood Smoked Chicken,
Toasted Walnuts, Parmesan Cheese,
Sage-Brown Butter Sauce 14⁹⁹ | Calories 590

ROASTED VEGETABLE RISOTTO

Creamy Italian Rice, Medley of Roasted Vegetables,
Asiago Cheese 10⁹⁹ | Calories 590
With Chicken 12⁹⁹ | Add 290 Calories
With Shrimp 14⁹⁹ | Add 110 Calories
With Salmon 16⁹⁹ | Add 260 Calories

DIJON SALMON*

Grilled Salmon with Dijon Mustard Sauce,
Angel Hair Pasta, Spinach, Tomatoes,
Basil 16⁹⁹ | Calories 530

PETITE FILET MIGNON*

Grilled 5 oz. Filet Mignon, Medley of
Roasted Vegetables 20⁹⁹ | Calories 430

GRILLED PORK CHOP*

Grilled 6 oz. Pork Chop, Roasted Garlic Demi-Glace,
Medley of Roasted Vegetables 12⁹⁹ | Calories 450

COD AL FORNO

Baked North Atlantic Cod, Sautéed Vegetables 14⁹⁹ | Calories 500